

# María del C. Rivera-López, MSW, CPHRM

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## PROFESSIONAL SUMMARY

Experience with biopsychological assessment, diagnostic and psychotherapy with anxiety disorders and trauma. Knowledge in family dynamics and substance abuse. Expertise in domestic violence, sexual abuse situations Recognized for managing crisis interventions successfully attending high risk patients; assertive creating approach thus stabilizing and controlling cases. Ability to set work priority and maintain self-control during difficult circumstances.

Areas of expertise include:

AMBULATORY CARE	PSYCHOTHERAPEUTIC TECHNIQUES	PARTIAL HOSPITALIZATION PROGRAM
RISK MANAGEMENT	QUALITY CONTROL & COMPLIANCE	CBT / TRAUMA/ DOMESTIC VIOLENCE

- Broad knowledge of individual, group, family, and couple's treatments covering outpatient, inpatient and partial hospitalization program with adolescents and adults.
- Excellent communication skills with experience writing administrative documentation and offering internal and external workshops. Experience supervising employees, creating quality and compliance programs.
- Proficient in MS Word, MS Power Point, Outlook, and Web Browsing.

## PROFESSIONAL EXPERIENCE

### Hospital Metropolitano-Metro Dialysis Care

Abr.2023 at present

Social Worker

- ✓ Patient assessment and psychosocial services to patients treated by the center.
- ✓ Provides monitoring and clinical intervention to address non-adherence, quality of life concerns for all patients and family.
- ✓ Provide ongoing education to family regarding psychosocial issues related to disease and support services.
- ✓ Performs administrative duties with insurance or other services (home care, transportation, medical appointments, medical procedures).

### Centro Médico Episcopal San Lucas Ponce, Centro de Salud Conductual

Feb. 2021 – Mar 2023

Supervisor Partial Hospitalization Program

Clinical Social Worker

- ✓ Evaluate patients who are candidates for the Partial Hospitalization Program.
- ✓ Perform pre-certification process.
- ✓ Provide initial evaluation, diagnostic and treatment to adults.
- ✓ Individual and group therapy with adults using projective exercises and playful experience.
- ✓ Provide psycho-therapy techniques in conditions such as: depression, anxiety disorders, trauma, among others using Solution Focused, CBT-Trauma, and Brief Therapy.

### CPC San Juan Capestrano Hospital

Aug. 2020 - Feb.2021

Discharge Evaluator

- ✓ Evaluate patients who are candidates for the Partial Hospitalization Program. Perform pre-certification process.

### Partial Hospitalization Program

- ✓ Provide initial evaluation, diagnostic and treatment to adolescents and adults.
- ✓ Individual and group therapy with adolescents and adults using projective exercises and playful experience.
- ✓ Provide psycho-therapy techniques in conditions such as: depression, anxiety disorders, personality disorders, trauma, among others using Solution Focused, CBT, Trauma, and Brief Therapy.

### **Methodist Church PR's recovery response. Program "Reborn, Revive, Reconstruct"**

Case Manager

Jun. 2019 – Aug. 2019

- ✓ Empowers the disaster survivor to effectively access the resources available in accordance with the sequence of assistance for disaster recovery. Provide continuity of client services through case transfer.
- ✓ Provide refer or otherwise arrange for individuals and families to receive needed services and resources identified in the recovery plan.
- ✓ Assist in the restoration of pre-disaster social service benefits for qualified individuals, verify unmet needs.
- ✓ Providing support and advocacy with and for clients, monitor client progress toward recovery goals.

### **INSPIRA Behavioral Care**

Coordinator/ Administrator Partial Hospitalization Program

Clinical Social Worker

May 1997 - Jun 2019

- ✓ Provide initial evaluation, diagnostic and treatment to adolescents and adults and post treatment care.
- ✓ Individual and group therapy using projective exercises and playful experience.
- ✓ Provide psycho-therapy techniques in conditions such as: depression, anxiety disorders, personality disorders, trauma, and addiction, among others using Solution Focused, CBT, Mindfulness, Trauma, among others.
- ✓ Assisted patients and family members on rights and responsibilities, regulations, and other treatment modalities.
- ✓ Managed admissions, pre-certifications, and clinical evaluation reports; notify patient therapeutic progress to medical insurance companies; prepare referrals and coordinate aftercare continuity with community agencies.
- ✓ Conduct workshops: Suicide Prevention, Risk Management, Crisis Intervention, among others.
- ✓ Created several evaluation forms, group therapy plans and case management.
- ✓ Supervising employees, creating quality and compliance programs.
- ✓ Key collaborator in accreditation process audits for Medicare and Joint.

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## **EDUCATION**

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### **Professional Certificate in Health Care Risk Management**

Inter-American University of Puerto Rico, Metropolitan Campus, San Juan, PR

May 2008

### **Master's degree in Social Work: Clinical Services**

Inter-American University of Puerto Rico, Metropolitan Campus, San Juan, PR

May 1996

